

**UNITED STATES OF AMERICA  
FEDERAL LABOR RELATIONS AUTHORITY  
WASHINGTON, D.C. 20424-0001**

TO: All FLRA Employees & Applicants for Employment

FROM: Erica Balkum  
Equal Employment Opportunity Director

DATE: September 2, 2025

SUBJECT: Listing of Equal Employment Opportunity (EEO) Counselors

**In the federal sector, employment discrimination based on race, color, religion, sex, national origin, age (40 or older), disability, genetic information, or retaliation for EEO activity is prohibited. Employees, former employees, and applicants who believe that they have suffered this form of discrimination may file a complaint of discrimination.**

**To initiate a complaint of discrimination, you must consult with an EEO counselor within 45 calendar days of the alleged discriminatory event.**

A list of EEO Counselors and their contact information follows. Contact either of these EEO Counselors if you have any questions or concerns regarding employment discrimination or if you wish to file an EEO complaint.

**Elizabeth Wiseman**

- (771) 444-5789; [lwiseman@flra.gov](mailto:lwiseman@flra.gov)

**Kate De La Cruz**

- (303) 225-0348; [kdelacruz@flra.gov](mailto:kdelacruz@flra.gov)

You may also contact me at (771) 444-5809 if you have any questions or concerns about the EEO program at the FLRA.

Additional information regarding the agency's EEO program is available online at:

- The **No FEAR Act & EEO page** on the FLRA Internet site (<https://www.flra.gov/no-fear-act-eeo>); and
- The **EEO Matters** page on the FLRA intranet. (<https://flragov.sharepoint.com/sites/Intranet/SitePages/EEO-Matters.aspx>).